

Registration and Continental Breakfast at 8:30 am

9:00 am Welcome

1st speaker

"Breaking the Stigma of Depression: Opportunities and Challenges for School Nurses."

Jennifer Beckwith, LMFT

Triage Clinician

UCLA Counseling and Psychological Services

and

Vickie Beckwith, RN, MSN, PHN

School Nurse Consultant

2nd Speaker

"From Mindless to Mindful Eating: 5 mindful eating tips for better gut health"

Amanda Saucedo, MS, RDN, CLT

Registered Dietitian Nutritionist and Instructor at CSULB

3rd Speaker

"Human Trafficking"

Detective Satwan Johnson

Investigations Bureau/Detective Division-Vice

Long Beach Police Department

Lunch and Awards 12:15 pm

4th Speaker

"Deaf and Hard of Hearing (DHH) resources for the School Nurse/Health Offices"

Sid Shapiro, Master's Degree in Special Education and Deaf Education

Credential Teacher for LBUSD

Conference ends at 2:00 pm